

Overview:

Adventure App:

Why use this App?

Adventure will give you the opportunity to take an active part in a wide range of adventures, both in a local and a global setting. You can experience what it means to make a difference in people's lives, encounter something new, achieve and bring about change. The app also helps you to explore the great adventure that can be yours in following Jesus!

How do I use it?

The App is split into five programmes. Each one should take four to six hours.

The programmes:

Intrepid Journeys	(Expeditions and explorations)
Camping	(Residential events)
Holiday planning	
Mission Possible	(Local and overseas mission)
Reach for the Sky	(Personal physical achievement)

Each programme presents you with a challenge. Here are the five challenges from the Adventure App:

Your Challenge:	Intrepid Journeys: (Expeditions and Explorations) Plan and participate in an expedition/exploration. Use an appropriate and interesting way to record your experiences.
Your Challenge:	Camping: (Residential events). Work with others to help plan and deliver a residential event. Consider the needs of your participants and from these provide a range of enjoyable activities in which they can participate.
Your Challenge:	Holiday planning: Explore the different types and characteristics of holidays available. Find out about some of the things that need to be considered when planning a holiday and then plan your ideal time away.
Your Challenge:	Mission Possible: (Local and overseas mission) Explore the work of a specific local or overseas mission organisation or team. Take an active part in supporting your chosen mission and share your experiences/discoveries with others.
Your Challenge:	Reach for the Sky: (Personal achievement) Engage in an activity which has an element of personal achievement and adventure. Try something new, aspire to a standard you have never accomplished before, master a fear or just be different!

Adventure App:
Your challenge:

Intrepid Journeys: (Expeditions and explorations)

Plan and participate in an expedition/exploration. Use an appropriate and interesting way to record your experiences.

Ideas:

These ideas suggest ways in which you might accomplish the challenge, but you may do it any way you like.

You could:

- Participate in a Duke of Edinburgh's Award expedition/exploration programme and present your experiences in a log book, montage or with PowerPoint.
- Plan and participate in a local expedition/exploration.
- Create a themed walk in your local community. Invite your friends and family to join you on it; create a scrapbook showing your experiences or provide an illustrated guide for participants.
- Join in with an organised hiking holiday. Create a How to Hike guide based on your experiences in the planning and walking stages.

Set the scene:

Think/talk through what the challenge is about. These questions might help you:

- What do you already know about the subject and what else do you need to find out?
- Where might you find out more information?
- What useful skills/contacts do you/other members of your group possess to help with this challenge?
- What difficulties do you think you might face?

Design:

Study some of the information you have gathered and consider how you will complete the challenge.

Who? Do you need anyone to help/train/supervise/advise you?

What? What special equipment/space/advice do you need to complete the challenge?

How much? What costs might be involved and how will this funding be found?

When? Are there any dates or time lines you must set in order to ensure you meet your deadlines?

Investigate the Christian perspective:

Find out what the Bible/other Christians say about this topic.

- The Bible contains lots of information about journeys. Research one journey mentioned in the Bible e.g. one of Paul's missionary journeys (Acts), the journey to Emmaus (Luke Ch.24:13-35) or the Hebrews' journey from slavery in Egypt to the Promised Land (Exodus). Share what you discover.
- Ask a Christian to share about their journey of faith. If you can, map out your own journey of faith discovery/life.
- Research, create and display a list of those things which can help you on life's journey.

Respond: Make it happen! Put your plan into action and complete the challenge.

Evaluate:

Think through how successful you have been with this challenge. Consider:

- What do you think you have learnt through working on this challenge?
- Which skills, talents or abilities did you use in your involvement in this project?
- Did your project have an impact on other people and did it help them?
- How has this challenge given you a Christian perspective on issues which you face in everyday life?

Adventure App:
Your challenge:

Camping: (Residential Events). Work with others to help plan and deliver a camp / residential event. Consider the needs of your participants and from these provide a range of enjoyable activities in which they can participate.

Ideas:

These ideas suggest ways in which you might accomplish the challenge, but you may do it any way you like.

You could:

- Research and devise a theme for a specific camp/residential event. Based on this, create a variety of way in which the theme could appear throughout the event e.g. in the publicity, the décor, activities, food and worship.
- Take responsibility for planning and delivering a daily slot of fun and games at the event.
- Shadow an experienced leader to find out more about what is involved in planning and running an event. You could attend their planning/preparation times and take on various tasks relating to the event e.g. heading up a team on camp; co-ordinating duties; leading activities or taking an active role in worship.
- Plan and deliver a challenge day for those on a camp / residential event e.g. a set of survival challenges, a scavenger hunt or a talent show.

Set the scene:

Think/talk through what the challenge is about. These questions might help you:

- What do you already know about the subject and what else do you need to find out?
- Where might you find out more information?
- What useful skills/contacts do you/members of your group possess to help with this challenge?
- What difficulties do you think you might face?

Design:

Study some of the information you have gathered and consider how you will complete the challenge.

Who? Do you need anyone to help/train/supervise/advise you?

What? What special equipment/space/advice do you need to complete the challenge?

How much? What costs might be involved and how will this funding be found?

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Investigate the Christian perspective:

Find out what the Bible/other Christians say about this topic.

A sense of community is important at camps / residential events. What would be your definition of community?

- Jesus created His own community with the 12 disciples. Read Mark Ch.3:13-19. Consider their diverse backgrounds, characters and skills. What held them together?
- People attending your event will have an equally diverse range of personalities. How could it be shaped positively? How could everyone feel valued? How could people's needs be met?
- As a group draw up a list of expectations and consequences for your event

Respond: Make it happen! Put your plan into action and complete the challenge

Evaluate:

Think through how successful you have been with this challenge. Consider:

- What do you think you have learnt through working on this challenge?
- Which skills, talents or abilities did you use in your involvement in this project?
- Did your project have an impact on other people and did it help them?
- How has this challenge given you a Christian perspective on issues that you face in everyday life?

Adventure App:
Your challenge:

Holiday:

Explore the different types and characteristics of holidays available. Find out about some of the things that need to be considered when planning a holiday and then plan your ideal time away.

Ideas:

These ideas suggest ways in which you might accomplish the challenge, but you may do it any way you like. You could:

- Research the types of holidays/packages available. Draw up a comparison between them, showing positives and negatives of what is on offer. Use this to conclude which holidays are the best value for money and why.
- Invite a range of people to share about the holidays that they have been on and what has been involved in the planning of these. Use the tips shared to provide an advice leaflet, advising people how to prepare for their dream holiday.
- Set yourself a budget and research what types of holiday you could go on for this. Use the internet, travel brochures and holiday programmes on television to help you choose and plan for a specific holiday.
- Let your imagination run riot and plan your ideal world tour. Produce in visual form (e.g. using photographs, collage, models, interactive media or paintings) a flavour of your dream adventure

Set the scene:

Think/talk through what the challenge is about. These questions might help you:

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- Where might you find out more information?
- What useful skills/contacts do you/other members of your group possess to help with this challenge?
- What difficulties do you think you might face?

Design:

Study some of the information you have gathered and consider how you will complete the challenge.

Who? Do you need anyone to help/train/supervise/advise you?

What? What special equipment/space/advice do you need to complete the challenge?

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Investigate the Christian perspective:

Find out what the Bible/other Christians say about this topic.

- Check out Ecclesiastes Ch.3:1-8 which talks about there being a time for everything. Holidays are great times in which to learn new things about yourself and about other people too.
- Jesus had a busy life and He frequently sought out time for Himself. Read Luke Ch.8:22-25, Matthew Ch.5:1 and Mark Ch.14:3 to discover what Jesus did at such times.
- How could you plan breaks into your life, without actually going away on holiday? Discuss your ideas.
- There are a range of holiday programmes run by Christians.

Respond: Make it happen! Put your plan into action and complete the challenge

Evaluate:

Think through how successful you have been with this challenge. Consider:

- What do you think you have learnt through working on this challenge?
- Which skills, talents or abilities did you use in your involvement in this project?
- Did your project have an impact on other people and did it help them?
- How has this challenge given you a Christian perspective on issues that you face in everyday life?

Adventure App:
Your challenge:

Mission possible: (Local and overseas mission)

Explore the work of a specific local or overseas mission organisation or team. Take an active part in supporting your chosen mission and share your experiences/discoveries with others.

Ideas:

These ideas suggest ways in which you might accomplish the challenge, but you may do it any way you like. You could:

- Find out how your church already participates in local mission e.g. mainly music, IFG etc. Choose a project and find a way to raise its profile, help out practically or source resources for it.
- Identify any needs in your local area and devise a 'mission plan' to make a positive difference e.g. help senior citizens with their gardening, plan and deliver a themed party, collective worship or an after-school/holiday programme for children.
- Invite your church's mission co-ordinator or a member of a Christian mission agency to share their mission experience. Find out how teams are equipped and the types of mission activity with which they engage. Get involved through raising awareness, volunteering, praying, raising money or delivering an evening to share the culture of one of the countries in which they work.
- Find out more about the overseas missions in which young people can be involved. Support and/or participate in one of these missions and share your experiences with others.

Set the scene:

Think/talk through what the challenge is about. These questions might help you:

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- What useful skills/contacts do you/other members of your group possess to help with this challenge?
- What difficulties do you think you might face?

Design:

Study some of the information you have gathered and consider how you will complete the challenge.

Who? Do you need anyone to help/train/supervise/advise you?

What? What special equipment/space/advice do you need to complete the challenge?

How much? What costs might be involved and how will this funding be found?

When? Are there any dates or time lines you must set in order to ensure you meet your deadlines?

Investigate the Christian perspective:

Find out what the Bible/other Christians say about this topic.

- God's mission can be described as being about fixing a broken world. What things in your community need fixing? How could Christians help?
- Mission is also about being among people, living like Jesus and bringing hope. Find some examples in the Bible where, by showing love to others, people have revealed Jesus and the difference He can make.
- In 1 Corinthians Ch.9:19-2 Paul reflects on how important it is to understand people's culture before you can help them effectively. Create a montage sharing how you can positively engage with a specific culture.

Respond: Make it happen! Put your plan into action and complete the challenge.

Evaluate:

Think through how successful you have been with this challenge. Consider:

- What do you think you have learnt through working on this challenge?
- Which skills, talents or abilities did you use in your involvement in this project?
- Did your project have an impact on other people and did it help them?
- How has this challenge given you a Christian perspective on issues that you face in everyday life?

Adventure App:
Your challenge:

Reach for the Sky: (Personal achievement)

Engage in an activity which has an element of personal achievement and adventure. Try something new, aspire to a standard you have never accomplished before, master a fear or just be different!

Ideas:

These ideas suggest ways in which you might accomplish the challenge, but you may do it any way you like. You could:

- Join a sport/athletics club or a music group/orchestra and train/practice regularly, aspiring to get into a team or reach a specific standard of achievement in your chosen area.
- Get involved in an adventure like white water rafting, air ballooning, running a mini marathon or mountaineering. Raise the funds you need to participate in this activity and record your adventure pictorially for others to see.
- Learn to do something new e.g. cook, drive, write in shorthand or manage your laundry - mastering a level which will mean that you can survive when living alone. Provide evidence of your new skills.
- Identify an area in which you struggle (e.g. public speaking, assertiveness, leadership, computer technology or swimming) and undertake a course of training which will enable you to achieve in this field.
- Take up a new hobby or interest and show a developing skill or involvement e.g. research your family tree, learn a new craft skill or become an active member of an association involved in a specific interest.

Set the scene:

Think/talk through what the challenge is about. These questions might help you:

- What do you already know about the activity and what else do you need to find out?
- Where might you find out more information?
- What useful skills/contacts do you/other members of your group possess to help with this challenge?
- What difficulties do you think you might face?

Design:

Study some of the information you have gathered and consider how you will complete the challenge.

Who? Do you need anyone to help/train/supervise/advise you?

What? What special equipment/space/advice do you need to complete the challenge?

How much? What costs might be involved and how will this funding be found?

When? Are there any dates or time lines you must set in order to ensure you meet your deadlines?

Investigate the Christian perspective:

Find out what the Bible/other Christians say about this topic.

- The phrase "just do it" implies that you can do anything you want to do. Discuss with your group the importance of self-belief and good self-esteem.
- Identify the people in your life who believe in you and thank God for them. Read Philippians Ch.4:13 and discuss what this means.
- Quietly and privately identify your personal dreams and goals for life and commit them to God. If you keep a spiritual/life journal write them down as a reminder.

Respond: Make it happen! Put your plan into action and complete the challenge.

Evaluate:

Think through how successful you have been with this challenge. Consider:

- What do you think you have learnt through working on this challenge?
- Which skills, talents or abilities did you use in your involvement in this project?
- Did your project have an impact on other people and did it help them?
- How has this challenge given you a Christian perspective on issues that you face in everyday life?

Adventure app

Your chosen challenge:

Ideas:

Outline your idea:

Set the scene:

Jot down your initial thoughts/questions:

Design:

Consider who will be involved, when it will happen, what you will need and how much it will cost etc.

Who?

What?

How much?

When?

Investigate the Christian perspective:

Outline how you will find out what the Bible/other Christians say about this topic.

Will you have a specified time every week or one whole evening focused on this aspect of your challenge?

Will it be led by visitors/your leader/your chaplain/members of your group?

Respond

Now use the challenge plan on the next page to help you to make it happen!

Work out what will happen each week.

Identify who you will need to help you/who is inviting them/who is leading/who will be involved in each activity etc.

Ensure you will have the resources you will need.

Record the time you are involved each week to keep track of your progress.

Evaluate

Think through how successful you have been by considering the evaluation questions.

Record your story in my i - **chievement** journal

**Adventure app -
Challenge plan**

Date	Activity What will you do this week?	Who Who will support you to facilitate this session?	What What equipment is needed?
Week/step 1 Date: Time:			
Week/Step 2 Date: Time:			
Week/step 3 Date: Time:			
Week/step 4 Date: Time:			
Week/step 5 Date: Time:			
Week/step 6 Date: Time:			
Week/step 7 Date: Time:			
Week/step 8 Date: Time:			
Week/step 9 Date: Time:			
Week/step 10 Date: Time:			

Copy for additional weeks as required.