

Overview:

Emergency App

Why use this App?

Life is sometimes hard, but who said it would be easy? This App is full of challenges that will help you feel prepared to face life head on. The App will make you aware of world need and give you practical skills which will help you to cope in those situations when things seem to go wrong. Christians, of course, know they always have God to turn to when the going gets tough!

How do I use it?

The App is split into five programmes. Each one should take four to six hours.

The programmes:

Friend in Need	(Practical friendship)
Life is Precious	(Lifesaving)
You're Special	(Personal safety)
Made Do and Mend	(Coping in an emergency)
Danger Zone	(Environmental hazards)

Each programme presents you with a challenge. Here are the five challenges from the Emergency App:

Your Challenge:	Friend in Need: (Practical friendship) How far would you go to help a friend in need? What do you mean by friend? Explore what it means to help a friend and consider the implications of helping others in trouble.
Your Challenge:	Life is Precious: (Lifesaving) Engage in an activity that makes you think about life saving and life savers.
Your Challenge:	You're Special: (Personal safety) There are many dangers and threats talked about that some say we have created a 'society of fear'. Find out about sensible and reasonable precautions you can take to stay safe as you experience life to the full.
Your Challenge:	Make Do and Mend: (Coping in an emergency) Emergency situations can often lead to a loss of possessions and/or restricted access to resources we are used to using every day. Explore alternative methods of carrying out everyday tasks.
Your Challenge:	Danger Zone: (Environmental hazards) When events in the natural world harm people and damage property, the effect can be disastrous. These events are known as environmental hazards. Your challenge is to investigate environmental hazards and consider how and why they become so disastrous for some people.

Emergency App:**Your challenge:****Friend in Need:** (Practical friendship)

How far would you go to help a friend in need? What do you mean by friend? Explore what it means to help a friend and consider the implications of helping others in trouble.

Ideas:

These ideas suggest ways in which you might accomplish the challenge, but you may do it any way you like.

You could:

- Devise and perform a drama based on a young adult helping a friend in need.
- Investigate the work of an organisation that helps young people in trouble, find out about their work and find a way of sharing what you have learnt.
- Write a series of poems/a short story inspired by the theme of friendship in action.
- A good friend will remember their friends at special times throughout the year. Create a series of greetings cards to send to your special friend on birthdays, when they are sick, at Easter and for Christmas etc to show you are thinking of them.

Set the scene:

Think/talk through what the challenge is about. These questions might help you:

- What do you already know about the subject and what else do you need to find out?
- Where might you find out more information?
- What useful skills/contacts do you/other members of your group possess to help with this challenge?
- What difficulties do you think you might face?

Design:

Study some of the information you have gathered and consider how you will complete the challenge.

Who? Do you need anyone to help/train/supervise/advise you?

What? What special equipment/space/advice do you need to complete the challenge?

How much? What costs might be involved and how will this funding be found?

When? Are there any dates or time lines you must set in order to ensure you meet your deadlines?

Investigate the Christian perspective:

Find out what the Bible/other Christians say about this topic.

- Read and consider John Wesley's rule:
*Do all the good you can, By all the means you can,
In all the ways you can, In all the places you can,
At all the times you can, To all the people you can,
As long as ever you can.*
- Read Luke Ch. 10:25-37 and discuss why Jesus told this story.
- Write a modern day version of this story or dramatise the story in Biblical or modern form to teach others the importance of being a good neighbour.

Respond: Make it happen! Put your plan into action and complete the challenge.

Evaluate:

Think through how successful you have been with this challenge. Consider:

- What do you think you have learnt through working on this challenge?
- Which skills, talents or abilities did you use in your involvement in this project?
- Did your project have an impact on other people and did it help them?
- How has this challenge given you a Christian perspective on issues which you face in everyday life?

Emergency App:
Your challenge:

Life is Precious: (Lifesaving)

Engage in an activity that makes you think about life saving and life savers.

Ideas:

These ideas suggest ways in which you might accomplish the challenge, but you may do it any way you like.
You could:

- Take a first aid or lifesaving course.
- Investigate the work of a rescue service eg your local surf lifesaving club, Mountain Safety, Search and Rescue, Coastguards, Red Cross, Rescue helicopter - and give a presentation of what you have learned.
- Ask the Police or Fire Brigade to take some sessions demonstrating the lifesaving element of their role.
- Explore the possibility of joining one of the emergency services as a career. Find out the qualifications needed for each, decide which service best suits your skills and write an application letter saying why you would be suited for the role. Role-play an interview and dramatise a day in the life of your chosen profession.

Set the scene:

Think/talk through what the challenge is about. These questions might help you:

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- Where might you find out more information?
- What useful skills/contacts do you/members of your group possess to help with this challenge?
- What difficulties do you think you might face?

Design:

Study some of the information you have gathered and consider how you will complete the challenge.

Who? Do you need anyone to help/train/supervise/advise you?

What? What special equipment/space/advice do you need to complete the challenge?

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Investigate the Christian perspective:

Find out what the Bible/other Christians say about this topic.

A sense of community is important at camps / residential events. What would be your definition of community?

- Jesus was the great lifesaver. Read the crucifixion story (Matthew Ch.27:35-56 or watch a DVD of it).
- Talk about the purpose of Christ's death and His role as our Saviour.
- Take some time to express your thoughts about the cross in visual/creative form.

Respond: Make it happen! Put your plan into action and complete the challenge

Evaluate:

Think through how successful you have been with this challenge. Consider:

- What do you think you have learnt through working on this challenge?
- Which skills, talents or abilities did you use in your involvement in this project?
- Did your project have an impact on other people and did it help them?
- How has this challenge given you a Christian perspective on issues that you face in everyday life?

Emergency App:
Your challenge:

You're Special: (Personal safety)

There are many dangers and threats talked about that some say we have created a 'society of fear'. Find out about sensible and reasonable precautions you can take to stay safe as you experience life to the full.

Ideas:

These ideas suggest ways in which you might accomplish the challenge, but you may do it any way you like. You could:

- Learn a form of self-defence.
- Explore websites about personal safety. Using the information gained, produce a movie giving advice to young adults on how to stay safe on a night out.
- Plan a series of activities on road/water/home safety and use these to help younger children learn about how to keep safe.
- Invite the local Police Youth Officer to speak to your group about cyber safety and produce an awareness flyer for parents.
- Ask the Crime Prevention Officer to speak to your group. Produce a video on how to protect your home.

Set the scene:

Think/talk through what the challenge is about. These questions might help you:

- What do you already know about the subject and what else do you need to find out?
- Where might you find out more information?
- What useful skills/contacts do you/other members of your group possess to help with this challenge?
- What difficulties do you think you might face?

Design:

Study some of the information you have gathered and consider how you will complete the challenge.

Who? Do you need anyone to help/train/supervise/advise you?

What? What special equipment/space/advice do you need to complete the challenge?

How much? What costs might be involved and how will this funding be found?

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Investigate the Christian perspective:

Find out what the Bible/other Christians say about this topic.

- Read Matthew Ch.10:28-31 and see what worth God places on you.
- Look at John Ch.3:16 in various versions of the Bible. Choose the translation you like best and create a screensaver for your computer which will remind you of how special you are to God.
- Think about the Christian music you like. Which songs confirm that you are indeed special to God?

Respond: Make it happen! Put your plan into action and complete the challenge

Evaluate:

Think through how successful you have been with this challenge. Consider:

- What do you think you have learnt through working on this challenge?
- Which skills, talents or abilities did you use in your involvement in this project?
- Did your project have an impact on other people and did it help them?
- How has this challenge given you a Christian perspective on issues that you face in everyday life?

Emergency App:
Your challenge:

Make Do and Mend: (Coping in an emergency)

Emergency situations can often lead to a loss of possessions and/or restricted access to resources we are used to using every day. Explore alternative methods of carrying out everyday tasks.

Ideas:

These ideas suggest ways in which you might accomplish the challenge, but you may do it any way you like. You could:

- Find a survival challenge on the internet. Play one of the games / learn some survival skills.
- Make a temporary shelter and spend the night in it. Keep a diary of your experiences.
- Practice some practical skills that will enable your clothes to last longer eg sew on a button, take up a hem, resign a top using fabric paint, add accessories to an outfit to make it look different.
- Learn to cook a series of simple dishes that can be prepared if you need to produce a meal in an emergency situation.
- Learn some simple DIY tasks eg repair a broken chair, change a light bulb or tap washer, remove stains, paint a door, hang a picture etc.
- Put together a "Get Thru" kit. Think about specific requirements for a kit for eg a family with a baby, with pets etc.

Set the scene:

Think/talk through what the challenge is about. These questions might help you:

- What do you already know about the subject and what else do you need to find out?
- Where might you find out more information?
- What useful skills/contacts do you/other members of your group possess to help with this challenge?
- What difficulties do you think you might face?

Design:

Study some of the information you have gathered and consider how you will complete the challenge.

Who? Do you need anyone to help/train/supervise/advise you?

What? What special equipment/space/advice do you need to complete the challenge?

How much? What costs might be involved and how will this funding be found?

When? Are there any dates or time lines you must set in order to ensure you meet your deadlines?

Investigate the Christian perspective:

Find out what the Bible/other Christians say about this topic.

- Read 1 Thessalonians Ch.5:16-18. How does Paul (the writer) advise you to face life?
- Read 1 Corinthians Ch.10:13 - how do you respond to this?
- Look up tapestryvelvet.com/index.php?p-1_17 - weavings of life. Search other poems on the theme eg The Weaver by BM Franklin and Weavings by Shawnee Kellie.

Respond: Make it happen! Put your plan into action and complete the challenge.

Evaluate:

Think through how successful you have been with this challenge. Consider:

- What do you think you have learnt through working on this challenge?
- Which skills, talents or abilities did you use in your involvement in this project?
- Did your project have an impact on other people and did it help them?
- How has this challenge given you a Christian perspective on issues that you face in everyday life?

Emergency App:
Your challenge:

Danger Zone: (Environmental hazards)

When events in the natural world harm people and damage property, the effect can be disastrous. These events are known as environmental hazards. Your challenge is to investigate environmental hazards and consider how and why they become so disastrous for some people.

Ideas:

These ideas suggest ways in which you might accomplish the challenge, but you may do it any way you like.

You could:

- Consider practical ways in which your church could save on their power account. Create and put up a series of posters to encourage everyone to get involved.
- Make a scrapbook of recent environmental hazards or create a world map showing where they occurred. Investigate what might have caused them.
- Give a visual presentation on early warning systems for environment hazards used both here and around the world.
- Build a model of a volcano or a fault line and learn why they are dangerous. Share why people choose to live near them.
- Create a prayer guide/raise money/ collect resources for a recent natural disaster.

Set the scene:

Think/talk through what the challenge is about. These questions might help you:

- What do you already know about the activity and what else do you need to find out?
- Where might you find out more information?
- What useful skills/contacts do you/other members of your group possess to help with this challenge?
- What difficulties do you think you might face?

Design:

Study some of the information you have gathered and consider how you will complete the challenge.

Who? Do you need anyone to help/train/supervise/advise you?

What? What special equipment/space/advice do you need to complete the challenge?

How much? What costs might be involved and how will this funding be found?

When? Are there any dates or time lines you must set in order to ensure you meet your deadlines?

Investigate the Christian perspective:

Find out what the Bible/other Christians say about this topic.

- Read John Ch.1:1-5.
- Find out what the Goldilocks theory is and consider if this plays any part in our understanding of disasters.
- Many people struggle with the idea of a loving God allowing disasters to happen. Invite your pastor or other church representative to lead your group in a discussion on this.

Respond: Make it happen! Put your plan into action and complete the challenge.

Evaluate:

Think through how successful you have been with this challenge. Consider:

- What do you think you have learnt through working on this challenge?
- Which skills, talents or abilities did you use in your involvement in this project?
- Did your project have an impact on other people and did it help them?
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Emergency App

Your chosen challenge:

Ideas:

Outline your idea:

Set the scene:

Jot down your initial thoughts/questions:

Design:

Consider who will be involved, when it will happen, what you will need and how much it will cost etc.

Who?

What?

How much?

When?

Investigate the Christian perspective:

Outline how you will find out what the Bible/other Christians say about this topic.

Will you have a specified time every week or one whole evening focused on this aspect of your challenge?

Will it be led by visitors/your leader/your chaplain/members of your group?

Respond

Now use the challenge plan on the next page to help you to make it happen!

Work out what will happen each week.

Identify who you will need to help you/who is inviting them/who is leading/who will be involved in each activity etc.

Ensure you will have the resources you will need.

Record the time you are involved each week to keep track of your progress.

Evaluate

Think through how successful you have been by considering the evaluation questions.

Record your story in my i - **chievement** journal

Emergency App

Challenge plan

Date	Activity What will you do this week?	Who Who will support you to facilitate this session?	What What equipment is needed?
Week/step 1 Date: Time:			
Week/Step 2 Date: Time:			
Week/step 3 Date: Time:			
Week/step 4 Date: Time:			
Week/step 5 Date: Time:			
Week/step 6 Date: Time:			
Week/step 7 Date: Time:			
Week/step 8 Date: Time:			
Week/step 9 Date: Time:			
Week/step 10 Date: Time:			

Copy for additional weeks as required.