

Overview:

Responsibility App

Why use this App?

This App explores some of the rights and responsibilities that come with adulthood. As you live in the home, work in your office, help in church or get involved with voluntary work you may be called upon to take leadership roles. At other times you will be part of a team or group that needs to work together. You will need to learn to organise yourself, prioritise and make decisions in many different contexts. This App will help you to explore some of these skills.

How do I use it?

The App is split into five programmes. Each one should take four to six hours.

The programmes:

Follow Me	(Learning to lead)
The three R's	(Roles, rights and responsibilities)
Pulling together	(Team work)
Solve it	(Problem-solving)
Sort it	(Organisational skills)

Each programme presents you with a challenge. Here are the five challenges from the Love app:

Your Challenge:	Follow Me: (Learning to lead) Engage in an activity which will help you to develop leadership skills.
Your Challenge:	The Three Rs: (Roles, rights and responsibilities) Choose an aspect of adult life that brings with it specific rights and responsibilities and find a way of equipping or preparing yourself for that role.
Your Challenge:	Pulling To: (Team work) Explore the ways that effective teams work together or demonstrate your ability to be a good team member.
Your Challenge:	Solve It: (Problem-solving) Consider a practical problem that you have met/might meet and from the alternatives open to you attempt to resolve the problem. Alternatively, participate in some activities which will help you to develop a range of problem -solving strategies.
Your Challenge:	Sort It: (Organisational skills) Demonstrate or develop your organisational skills by taking responsibility for planning and delivering a project or by reviewing your organisational skills.

Responsibility App:

Your challenge:

Follow me: (Learning to lead)

Engage in an activity which will help you to develop leadership skills.

Ideas:

These ideas suggest ways in which you might accomplish the challenge, but you may do it any way you like.

You could:

- Attend a leadership training course and complete the necessary coursework/assessment.
- Take on the captaincy or leadership of a sports team, musical group, cultural society or other group and keep a diary logging how you have demonstrated your leadership skills over this period of time.
- Choose a leader (from sports, politics, education or church) and explore the qualities, roles and responsibilities of leadership seen in their life. Find a way of sharing with others the leadership lessons learnt from them.
- Take responsibility for the leadership of a group in your church or youth group for an agreed period of time. Demonstrate your ability to plan, prepare and deliver a relevant programme for the group.
- Create a questionnaire to explore people's understanding of positive leadership roles. Using the information gathered from the questionnaire spend some time creating a set of guidelines for leadership in different environments

Set the scene:

Think/talk through what the challenge is about. These questions might help you:

- What do you already know about the subject and what else do you need to find out?
- Where might you find out more information?
- What useful skills/contacts do you/other members of your group possess to help with this challenge?
- What difficulties do you think you might face?

Design:

Study some of the information you have gathered and consider how you will complete the challenge.

Who? Do you need anyone to help/train/supervise/advise you?

What? What special equipment/space/advice do you need to complete the challenge?

How much? What costs might be involved and how will this funding be found?

When? Are there any dates or time lines you must set in order to ensure you meet your deadlines?

Investigate the Christian perspective:

Find out what the Bible/other Christians say about this topic.

- Create a list of the qualities of good leadership.
- Explore the life of Jesus and seek examples which show how He demonstrated some of these qualities.
- Read Luke Ch.15:3-7 and John Ch.10:11-16 and discuss in what ways the image of the good shepherd is symbolic of leadership.

Respond: Make it happen! Put your plan into action and complete the challenge.

Evaluate:

Think through how successful you have been with this challenge. Consider:

- What do you think you have learnt through working on this challenge?
- Which skills, talents or abilities did you use in your involvement in this project?
- Did your project have an impact on other people and did it help them?
- How has this challenge given you a Christian perspective on issues which you face in everyday life?

Responsibility App

Your challenge:

The three R's: (Roles, rights and responsibilities)

Choose an aspect of adult life that brings with it specific rights and responsibilities and find a way of equipping or preparing yourself for that role.

Ideas:

These ideas suggest ways in which you might accomplish the challenge, but you may do it any way you like. You could:

- At the age of 18 you will have the responsibility to vote in elections. Visit a local council meeting, read the newspaper and find out the key policies of the major political parties so that when the time comes you can vote responsibly.
- Arrange for a local community police officer to speak to your group. Find out what the law has to say about the legal requirements regarding minors, drinking alcohol, driving, working hours, vandalism etc. Write an article for your school/college magazine; produce a series of posters or make a PowerPoint presentation explaining these facts.
- Get involved in, or set up, a local community project aimed at being a good citizen e.g. Neighbourhood Watch, environmental clean-up or a local pressure group.
- Attend a course which prepares you to work/act responsibly according to relevant health and safety regulations e.g. a child protection course, a food hygiene course, a first aid course or baby care.

Set the scene:

Think/talk through what the challenge is about. These questions might help you:

- What do you already know about the subject and what else do you need to find out?
- Where might you find out more information?
- What useful skills/contacts do you/members of your group possess to help with this challenge?

Design:

Study some of the information you have gathered and consider how you will complete the challenge.

Who? Do you need anyone to help/train/supervise/advise you?

What? What special equipment/space/advice do you need to complete the challenge?

How much? What costs might be involved and how will this funding be found?

When? Are there any dates or time lines you must set in order to ensure you meet your deadlines?

Investigate the Christian perspective:

Find out what the Bible/other Christians say about this topic.

- Being a member of a church brings with it rights and responsibilities, what does the Bible have to say about church leaders in 1 Timothy Ch.3:1-10?
- Are these valid criteria for leaders today?
- Invite a church leader to talk about the responsibilities of their role.
- Find out what it means to be a member of your church.

Respond: Make it happen! Put your plan into action and complete the challenge

Evaluate:

Think through how successful you have been with this challenge. Consider:

- What do you think you have learnt through working on this challenge?
- Which skills, talents or abilities did you use in your involvement in this project?
- Did your project have an impact on other people and did it help them?
- How has this challenge given you a Christian perspective on issues that you face in everyday life?

Responsibility App

Your Challenge:

Pulling together: (Team work)

Explore the ways that effective teams work together or demonstrate your ability to be a good team member.

Ideas:

These ideas suggest ways in which you might accomplish the challenge, but you may do it any way you like.

You could:

- Take part in a series of team-building activities (either over a number of weeks or by attending an activity weekend). Debrief after each activity to discuss what you have learnt about team work.
- Identify what makes a good team; then choose a team that you follow (e.g. football, cheerleaders, pop group etc); watch them in action and produce a team scrapbook, video diary or similar, recording their good and bad team practice.
- Spend some time identifying and affirming the talents of the individuals in your group and then prepare and take part in a talent evening or an event which demonstrates the varied talents of your group.
- Join a team and play your part regularly demonstrating your team commitment and good team spirit. Keep a diary of your involvement, logging issues relating to team spirit and concern for one another.

Set the scene:

Think/talk through what the challenge is about. These questions might help you:

- What do you already know about the subject and what else do you need to find out?
- Where might you find out more information?
- What useful skills/contacts do you/other members of your group possess to help with this challenge?
- What difficulties do you think you might face?

Design:

Study some of the information you have gathered and consider how you will complete the challenge.

Who? Do you need anyone to help/train/supervise/advise you?

What? What special equipment/space/advise do you need to complete the challenge?

How much? What costs might be involved and how will this funding be found?

When? Are there any dates or time scales you must set in order to ensure you meet your deadlines?

Investigate the Christian perspective:

Find out what the Bible/other Christians say about this topic.

- Read I Corinthians Ch.12:12-31 and Romans Ch.12:3-8.
- Look at the range of gifts that Paul lists and identify individuals you know who have these gifts.
- What does this passage say which relates to team work?
- Identify the gifts that your group possesses and see how this can help you to work as a team.
- Use your varied gifts to lead an act of worship based on this passage.

Respond: Make it happen! Put your plan into action and complete the challenge

Evaluate:

Think through how successful you have been with this challenge. Consider:

- What do you think you have learnt through working on this challenge?
- Which skills, talents or abilities did you use in your involvement in this project?
- Did your project have an impact on other people and did it help them?
- How has this challenge given you a Christian perspective on issues that you face in everyday life?

Responsibility App

Your challenge:

Solve it: (Problem-solving)

Consider a practical problem that you have met/might meet and from the alternatives open to you attempt to resolve the problem. Alternatively, participate in some activities which will help you to develop a range of problem-solving strategies.

Ideas

These ideas suggest ways in which you might accomplish the challenge, but you may do it any way you like. You could:

- Use the internet or a similar resource and find a series of problem-solving scenarios which will enable you to practise your problem-solving skills.
- Look at the problem pages in some teen magazines and discuss with your peers the issues raised. Identify and categorise the problems that regularly get printed. For each type of problem try to draw up a guide to help you resolve the issues.
- Identify some of the key problems that are facing our world today e.g. shortage of energy, the greenhouse effect, economic recession or inequality of opportunity. Engage with an organisation that is trying to solve one of these problems or undertake a local project to help.
- Choose a social issue where people have conflicting views and opinions. Research the issue by e.g. engaging in a debate, inviting a speaker, researching on the web or looking at the Bible. Having considered the facts decide your personal response to the issue

Set the scene:

Think/talk through what the challenge is about. These questions might help you:

- What do you already know about the subject and what else do you need to find out?
- Where might you find out more information?
- What useful skills/contacts do you/other members of your group possess to help with this challenge?
- What difficulties do you think you might face?

Design:

Study some of the information you have gathered and consider how you will complete the challenge.

Who? Do you need anyone to help/train/supervise/advise you?

What? What special equipment/space/advise do you need to complete the challenge?

How much? What costs might be involved and how will this funding be found?

When? Are there any dates or time lines you must set in order to ensure you meet your deadlines?

Respond: Make it happen! Put your plan into action and complete the challenge.

Investigate the Christian perspective:

Find out what the Bible/other Christians say about this topic.

- Create a list of big questions about God, faith and the Bible that interest you.
- Hold a question time/debate or in some other way find out the different responses that varied Christians might give to some of these questions.
- Read Luke Ch.20:1-8, 21-26, 27-40 and Acts Ch.1:7 and acknowledge that there are many questions to which we do not know the answer and some things which are not for us to know.

Evaluate:

Think through how successful you have been with this challenge. Consider:

- What do you think you have learnt through working on this challenge?
- Which skills, talents or abilities did you use in your involvement in this project?
- Did your project have an impact on other people and did it help them?
- How has this challenge given you a Christian perspective on issues that you face in everyday life?

Responsibility App

Your challenge:

Sort it: (Organisational skills)

Demonstrate or develop your organisational skills by taking responsibility for planning and delivering a project or by reviewing your organisational skills.

Ideas:

These ideas suggest ways in which you might accomplish the challenge, but you may do it any way you like.

You could:

- Organise and manage a church event e.g. a harvest supper, Easter egg hunt, jumble sale or talent show.
- Plan and prepare an outing e.g. a trip to the beach or farm, a visit to the fire station or library.
- Use your organisational skills to the benefit of a group of which you are a part e.g. use your data handling skills to keep records for your group, organise and administer a rota for the church crèche, run the tuck shop taking responsibility for buying stock and keeping accounts, keep the group's registers up to date - writing birthday or get well cards and making contact with members who are away for any reason.
- Take one aspect of your life at a time and explore how much time it takes up e.g. television viewing, homework time, family time, time for God, space for hobbies or sports, surfing the web or social networking, quality time with friends and shopping. Record your research and review what your findings show about your life priorities.

Set the scene:

Think/talk through what the challenge is about. These questions might help you:

- What do you already know about the activity and what else do you need to find out?
- Where might you find out more information?
- What useful skills/contacts do you/other members of your group possess to help with this challenge?
- What difficulties do you think you might face?

Design:

Study some of the information you have gathered and consider how you will complete the challenge.

Who? Do you need anyone to help/train/supervise/advise you?

What? What special equipment/space/advise do you need to complete the challenge?

How much? What costs might be involved and how will this funding be found?

When? Are there any dates or time lines you must set in order to ensure you meet your deadlines?

Investigate the Christian perspective:

Find out what the Bible/other Christians say about this topic.

- Brainstorm what you know about the story of Joseph, as told in *Genesis Ch.37:1 to Ch.50:2*
- Identify the points in the story where Joseph demonstrates his organisational/leadership skills.
- As a group, use the story of Joseph as the basis for a short series of devotional Bible studies..

Respond: Make it happen! Put your plan into action and complete the challenge.

Evaluate:

Think through how successful you have been with this challenge. Consider:

- What do you think you have learnt through working on this challenge?
- Which skills, talents or abilities did you use in your involvement in this project?
- Did your project have an impact on other people and did it help them?
- How has this challenge given you a Christian perspective on issues that you face in everyday life?

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Your chosen challenge:

Ideas:

Outline your idea:

Set the scene:

Jot down your initial thoughts/questions:

Design:

Consider who will be involved, when it will happen, what you will need and how much it will cost etc.

Who?

What?

How much?

When?

Investigate the Christian perspective:

Outline how you will find out what the Bible/other Christians say about this topic.

Will you have a specified time every week or one whole evening focused on this aspect of your challenge?

Will it be led by visitors/your leader/your chaplain/members of your group?

Respond

Now use the challenge plan on the next page to help you to make it happen!

Work out what will happen each week.

Identify who you will need to help you/who is inviting them/who is leading/who will be involved in each activity etc.

Ensure you will have the resources you will need.

Record the time you are involved each week to keep track of your progress.

Evaluate

Think through how successful you have been by considering the evaluation questions.

Record your story in my i - **chievement** journal

Responsibility app -
Challenge plan

Date	Activity What will you do this week?	Who Who will support you to facilitate this session?	What What equipment is needed?
Week/step 1 Date: Time:			
Week/Step 2 Date: Time:			
Week/step 3 Date: Time:			
Week/step 4 Date: Time:			
Week/step 5 Date: Time:			
Week/step 6 Date: Time:			
Week/step 7 Date: Time:			
Week/step 8 Date: Time:			
Week/step 9 Date: Time:			
Week/step 10 Date: Time:			

Copy for additional weeks as required.