



IFG Challenge 1st Year Programme

The IFG Challenge Programme has been written for girls in the 11 to 13 year age group.

Leaders undertaking the IFG Challenge Programme can choose which subjects they want to cover each term.

The programme is flexible and the subjects as written are only guidelines. You can include your own ideas, choose your own devotions, and include other activities that you feel your girls would be interested in.

Please note that girls ***need to complete at least one subject from each SPACI section each year.***

SPACI means:

Spiritual

Physical

Adventure

Community

Interest

The girls will receive a badge for each three week subject completed.

Badge subjects include:

Cookz

Kayaking/Canoeing/Abseiling

Mother's Day

Community Projectz

My Style

Fashion Fix

Connections – Spiritual

Campiz

Go Cartz/BMX/Luge/Quad Bikes

Global Christmas